

NATHAN A. FEUERBORN, MA, LMHC
1464 21st Ave, Seattle WA 98122
nathanfire@gmail.com (206) 310-8812

EDUCATION

Masters of Arts, Psychology, Seattle University - 2009
Bachelors of Science, University of Washington - 1999
Washington State LMHC #LH 60858641

HIGHLIGHTS OF QUALIFICATIONS

- Completed Sharon Stanley's advanced Somatic Transformation course to treat trauma.
- Experience utilizing ACT, DBT, CBT, Existential and Somatic therapy modalities.
- Experienced in Nonviolent communication and boundary setting with a diversity of clients
- Experienced in supervising and counseling both youth and adults.
- Enthusiasm for relating and serving clients with compassion, respect and responsibility.

EXPERIENCE

Licensed Mental Health Counselor, Private Practice, Mindful Therapy Group, Seattle (March 2019 - Present)

Psychotherapy and counseling private practice with adult individuals and couples. Experience utilizing ACT, DBT, CBT, Existential and Somatic therapy modalities.

Licensed Mental Health Counselor, Contract, Country Doctor Comm. Health Center, Seattle (Jan 2018- June 2019)

Contracted to run a weekly educational and therapeutic mindfulness groups for clinic patients.

Mental Health Counselor, Matumaini Counseling, Seattle (Feb 2017 – June 2018)

Volunteer counselor of adolescents and children who struggle with emotional and cognitive deficits as well as relational skills within Seattle Public Schools. Also counseled court ordered adolescents. Developed client treatment plans through collaborative motivational interviewing.

Psychotherapist, Psychotherapy Co-operative, Seattle (Feb 2010 – 2017)

Volunteer psychotherapist and member of a small nonprofit organization offering long-term sliding scale psychotherapy to distressed adults in the community. Weekly psychotherapy sessions with individuals. Participation in intake screening and assessment of potential clients and making referrals to counseling resources. Experienced in case consultation and presentation. 2015 Elected to Board of Directors as Treasurer.

Mental Health Specialist, Harborview Medical Center, Psychiatry, Seattle (Sept. 2009 – June 2011)

Experience building relationships and counseling a diversity of suicidal, chemically dependent, and mentally ill adults on a locked inpatient psychiatric unit. Exposure to a wide variety of diagnosis that include borderline personality disorder, bipolar, major depression, schizophrenia, schizoaffective, and paranoid personality disorder. Worked daily as an effective part of a multidisciplinary team that included psychiatrists, social workers, chemical dependency counselors, occupational therapists and psychiatric nursing staff. Experience facilitating CBT and DBT skills groups to patients as well as developing safety plans. In addition, performed a 9 month Master's degree student internship previous to being hired as a staff member.

Crisis Clinic Volunteer, Crisis Clinic, Seattle (July 2003 – March 2005 and Nov 2006 – Aug 2008)

Extensive training and experience in telephone crisis intervention. Skilled in communication and non-discrimination with diverse populations, as well as setting boundaries and limits with callers. Exposure to issues of mental health, domestic abuse, chemical dependency, suicide, grief and loss, emergency food and shelter and connecting individuals to mental health and social services in King county. Worked closely with professional counseling supervisors who entrusted me to train new volunteers. Independently directed adolescent phone workers as a supervisor for the Teen Link line.