

# Erin McDougall

## **Contact information**

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## **To**

Rex Holbein

YKMN Circle of Ten

## **Dear Rex,**

When I received your phone call after so many years, almost 12 to be exact, I just knew before you even said anything that whatever question was you wanted to ask, was going to be a YES. I believe people show up in our lives the exact time we need them, even if we don't know why until maybe years down the road. Even if it's masked with a question of them needing us.

By nature, I am a helper. I am a connector. I grew up an only child and one thing my mom always instilled in me, because she didn't want me to be the stereotypical only child, was to always share with others and to be kind and welcoming. I moved a lot as a child and was always the new kid. I used my sense of humor to make friends. I shared my toys. Growing up, I was friends with all the different groups and cliques in school, but never really felt I fit into one. That carried on into adulthood and it is second nature now to me when I meet people, to ask questions and pay attention and make those mental notes because I am always trying to connect people. Whether in business, friendships, or whatever the needs may be.

As a single woman living alone in Seattle, COVID life got me to rescue two kitties, so now not so much alone, but I had a lot of days and nights always trying to figure out "what my purpose is in life." I'm still not certain I know the answer, but I do know that if I can play even a small part in helping someone else improve their life or just feel seen and acknowledged with no judgements, it fulfills me and gives me a small nod from the universe and fills my cup. I look forward to the opportunity to join and be a part of this community you are creating and building.

Like I said, before you even asked the question, I knew my answer was YES.

Sincerely,

Erin McDougall